Dear Parents, Staff and Students

Since our last Newsletter we have had two important parent meetings and I thank one and all for attending. Knowing what is happening for your child at school helps build that important school/home partnership that is vital for positive student outcomes.

Andrew Burgess, eLearning Manager from the Lismore Diocese Catholic Schools Office, gave parents vital information at the Cyber Safety information session on Tuesday night. Whilst impressing upon parents how important the internet and devices are for the way we live and learn, he also surprised us by sharing the pitfalls if we are not in touch with what our children are engaged with when using computers, ipads and ipods at home. Schools and parents need to work together to keep our children safe and to develop good digital citizens. A few of points raised by Andrew were:

- It is illegal for children under the age of 13 to have a Facebook account
- Parents should know their child’s username and password and be able to see what is on the screen
- Devices should be kept in common areas of the home, not in the bedroom or behind a closed door
- Students think they are safe from “Stranger Danger” but when it comes to the internet they are not always exercising safe practices
- Screen time should be restricted, especially if children are in participating in online games.

Our experience is that when issues arise regarding inappropriate use of the internet at home, parents are often unaware of what their child has been doing. At St Augustine’s we aim to provide our students with the knowledge and skills necessary to engage with the internet and social networking in a safe and appropriate manner. Our hope is that parents too will support children in this area at home.

Each week students are setting goals and with the instruction and feedback from their teachers, work hard to achieve them. At St Augustine’s we are all learners and the Professional Learning Teams (teachers) also set goals and receive feedback on classroom practice. Deep learning, supported by resources such as technology, is a focus for us and we look forward to demonstrating this at the Cohort Learning Journeys this year. Our Learning Journeys nearly always begin with a Liturgy and we encourage parents to come along and pray with the staff and children. It’s an important time. Keep an eye out for the Learning Journey dates in the calendar.

The staff are very pleased with the way the children have transitioned into the new school year. The Kindergarten children have been wonderful and feeling more comfortable as each day goes by. We welcome Mr Shaun Bamford (Year 4) and Miss Rebecca O’Connor (Year 2) to our staff. Our two trainees are Miss Meeka Smith (Year 1) and Miss Leah Brokmann (Kindergarten). They are all looking forward to the year ahead.

As always I encourage you to get involved in your child’s school. There are many opportunities to give a helping hand. The canteen is always short of help and the P and F, working on your behalf, need your support. If you can give an hour of your time to help at our upcoming St Augustine’s Golf Day on Sunday 30 March we would be most grateful.

Leanne Feltis
Assistant Principal
CATECHETICAL NEWS

The Season of Lent is fast approaching.

Lent is the time to be still. A time to focus less on ourselves and to think of those who are not as fortunate. It is a time of fasting and giving up something we enjoy. Only a small token compared to the burden felt everyday by our poor brothers and sisters around the world. In our busy lives we also find it hard to be stop and to think about our connection to the Living Christ. Do we see Jesus as only someone who once was? A someone who died over two thousand years ago? Or Is He alive for you today? And… if not, why not and how can we feel close to Him again?

Take a moment to be still and feel His presence. His presence is in the face of the stranger you see at the shops, the person who may have held the door open for you. He is in the face of your children, wife, husband, mother, father. Be the mirror of Christ in your life and let his light flow through you to others.

Smile at someone today as You are also the face of Christ.

You are the light of the world. Let Jesus shine through you to others.
Matthew 5: 14-16

Here is a prayer you may like to put on your fridge. It is a sensational way to start the day!

Jesus, today I offer you my work, play, joys, laughs and disappointments. Amen.

Don’t Forget!
You are welcome to attend the Ash Wednesday Mass at 9:15 am for Years 3 - 6 in the Church and/or the Liturgy at 10:30 am  for Years K - 2  in the School Hall.

Conversations about Catholics
Curious about the Catholic faith? Come and join us for two casual sessions over a cup of coffee.

When 18 and 25 March—9:15—10:15 am
Where The Curran Centre, St Augustine’s Parish

For further information contact Janine Turner on 66510000. Hope to see you there.

P & F NEWS

St Augustine’s 2014
CITY CENTRE QUALITY INN
Charity Golf Day

QUALITY INN
CITY CENTRE
22 Elizabeth Street
COFFS HARBOUR NSW 2450
Telephone: 6652 6388

When: Sunday 30 March at Coffs Harbour Golf Club, 4 Person Ambrose with Morning (7am) and Afternoon (12.30pm) starts.

Get a team together and participate in a great day out on the course.

Entry forms were sent home this week with raffle tickets. The raffle prize is a wonderful bike to the value of $550 donated by Alistair Scotford and Ventoux Cycles.

For more information contact Golf Day Coordinator, Steve Ryan, 0402 898571.

Stephen Appleton—P & F Committee President

PARISH MASS TIMES
Coffs Harbour Saturday 6:00 pm
Sunday 8:00 am 6:00 pm
Woolgoolga Sunday 9:00 am
Coramba 1st & 3rd Sunday 10:30 am
Glenreagh 2nd & 4th Sunday 10:30 am

Paddy Dent - Leader of School Evangelisation
Mary Machatsch – Leader of Catechesis
COMING EVENTS

FEBRUARY
26 Dance Fever  
   Winter Sports Trials—Woolgoolga
27 Yrs 2-6 Rugby training
28 Diocesan Primary AFL trials

MARCH
4 P & F Meeting in the LARC 7:00 pm  
   Yr 4 Excursion to Waste Disposal & Jetty
5 Dance Fever  
   Ash Wednesday Mass  Yrs 3-6  9:15 am
   Ash Wednesday Liturgy  Yrs K-2  9:15 am
6 Yrs 2-6 Rugby training
7 Diocesan Swimming Trials—Murwillumbah
   Yrs 3-6 Swimming program commences
   Newsletter Day
11 Yrs 5/6 Chicken Burger Day
12 Dance Fever  
   Yr K Reading Information Night 7:00 pm
13 Yr K & Yr 6 Buddies Liturgy 10:20 am
14 Yr 3 Grade Mass 9:15 am  
   Caritas Visit
   Yrs 3-6 Swimming
17 Yr 6 Group photo
18 School photos  
   Yr K Breakfast 7:30—8:15 am

SCHOOL PHOTOS
Envelopes have been sent home for students to order their school photos. Please return them to school by Friday 14 March.
If you would like a sibling photo (Primary School students only) please collect an order form envelope from the office. These are to be pre-paid and handed to the office before photo day.

FAMILY INFORMATION
Family Verification Reports have been sent home to every family. Please update any changes to family address, phone numbers, email addresses and emergency contact details and return to the office as soon as possible.

It is most important that we can contact you or your emergency contacts if your child is ill or injured.

SCHOOL HOURS
Supervision of students begins at 8:15. We ask that parents do not drop their children off to school earlier than this time. The school bell sounds at 8:50 to begin lessons and it’s important that students are not walking into class late when the teacher and students have their day underway.

HAIR
Students, boys and girls, need to have their hair tied back off their face. If your child has long hair, collar length or longer, it needs to be tied back. This is a Workplace Health and Safety issue.

Uniform
A reminder that boys should have the correct shorts. Cargo-style shorts with external pockets are not acceptable. The correct sports shorts are available from Caba’s Uniform Shop in West High Street.

Collecting Children Before 3:00 pm
Please be aware that for students the school day finishes at 3:00 pm. Music lessons, sport and other activities should not be organised before this time.
It’s important that children are not leaving class early but finishing the day’s learning at the designated bell time. Thank you for your cooperation with this matter.

CANTEEN ROSTER

FEBRUARY
24.02.2014
Mon  G Franklin, S Kendall, S O’Reilly, L Seccombe
Tues  T Blundell, M Murphy, R Saunders
Wed  L Trotman, K White
Thur  K Gilliland, J Golding
Fri  B Dougherty, P Duffy, J Roach, K-A Van Ryswyk, L Zawadzki

MARCH
03.03.2014
Mon  E Joyce, R Mott
Tues  G Bull, R Kennedy
Wed  M Bulloch, J Jenkins
Thur  C Blackett, M Felton, R Felton, N Smith  
   Fri  D Budd, L Budd, P Duffy, B Guest, J Roach, M Roberts

CANTEEN NEWS
Canteen helpers are always required. Help is needed for three hours from 9:00 am until 12:00 noon once every four weeks. Grandparents are very welcome also. If you are able to help in the Canteen on any day please call us on 66521204.

Barbra Symons & Alicia Betland—Canteen Managers
SPORT NEWS

Basketball and Rugby
The rugby and basketball competitions will begin soon. If your child is interested in playing in these competitions or parents can coach or manage these teams please contact Mrs Kama on rekama@lism.catholic.edu.au

The 2014 Basketball Primary School Summer competition will begin on Saturday 22 February.

If you would like to play basketball on Saturdays you need to go to the Bray St Stadium to register as an individual. CHBA will then tell St Augustine’s who has registered from our school.

Volunteer Coaches and Managers
St Augustine’s have many sport teams that play a variety of sports throughout the year. Unfortunately we sometimes cannot accommodate all of these teams if there are not enough coaches or managers.

If you are interested in sport and would like to be involved as a volunteer coach or manager please contact me so we can put your time to good use. Thank you in advance.

Summer Sports Polding Trials
Congratulations to Tyler Donovan (Basketball) and Regan Dougherty (Tennis) who have qualified for the Polding team in their respective sports.

You may remember that Chloe Rose also made the Polding team for Cricket late last year. The Touch Football Polding Trials will be held in Term 2.

Zone Clarence Swimming Trials
The St Augustine’s swimming team travelled to Grafton to compete in the Zone Clarence Trials on Thursday 13 February. These trials were to qualify for the Clarence Zone Swimming Team who will participate in the Lismore Diocese Swimming Trials in Murwillumbah on Friday 7 March 2014.

St Augustine’s Primary school was named Champion school, while a number of our students got special mention as age champions.

Congratulations to all children who competed, especially the ones who will now represent the Clarence Zone.

The following children were named aged champions at these trials:

Senior Girls Champion – Paulini Kaidrokia
Senior Girls Runner Up – Jaida Smith
Senior Boys Champion – Jack Canning

To see the St Augustine’s Zone Clarence team which will travel to Murwillumbah for the Lismore Diocese Trials on Friday 7 March, please go to KnowledgeNET in the sports section.

We would like to wish these students the best of luck for these trials and congratulations on your success so far.

St Augustine’s Swimming Program
The St Augustine’s swimming program will run for Years 3-6 from Week 6 to Week 9, in Week 10 we will have the Yr 3-6 School Swimming Carnival.

The program will differ slightly to 2013 to ensure we target the correct child with the correct ability. In 2014 the swimming program will consist of specialised programs. You will have received a note this week that needs to be returned ASAP to ensure the children are placed in the correct category.

Winter Sports Trials
Clarence Zone Sports are calling for nominations for the 2014 Diocesan Winter sports trials in Rugby League (opens & U11’s), Rugby Union, Soccer (Boys/Girls), Netball and Hockey.

All participants must be up to representative standard.

If you would like more information you must see Mrs Kama in the sports office for a note. Please remember you must be in Year 5 or 6 to trial for these sports and you can only trial for one sport.

EMAIL ADDRESSES
If you know of any parent/carer who is not receiving our school emails with Newsletters and notes, please ask them to contact the office and supply us with a current email address.
Thursday and Friday Sport
For the past four weeks our children have been doing AFL, Rugby League, Rugby Union or Tennis during their scheduled sport time. The children have received the correct information on technique and skills in each of these sports.

Please ask your child if they enjoyed sport and what they have learned about each of these sports.

Dan Hammond
Sports Coordinator

Invoices & Payments
Invoices have been sent home today. Please pay your Term 1 account by Friday 21 March. Thank you.

Cyber-safety Tips!

Engage positively: exercise your rights and responsibilities as a digital citizen
Know your online world: learn new skills and digital technologies
Choose consciously: take charge of how you interact online

♦ See more at: http://www.cybersmart.gov.au

The link below takes you to a great site that guides us through many of the sites children are frequently using. It helps us to understand the site and it's pros and cons. Check it out if your child is using things such as kik, snapchat, etc

Naomi Loader
OUTSIDE SCHOOL HOURS CARE

We would like to welcome all the new enrolments into after school care including many Kindergarten children. The program is going really well and the children are settling in and enjoying the new routine. Within the program our children have been getting very creative at OSHC recently by decorating our room. The children are doing a wonderful job with drawing and colouring different types of sea creatures to go with our underwater theme. Their beautiful creations are on display in our windows at OSHC now.

A friendly reminder, it is essential to advise OSHC if your child/ren is booked in to attend After School Care but is absent from school or not attending for that day. Please notify Educators by calling 0417 666 494 before 1pm. This will alleviate Educators spending additional time looking for your child at roll call.

Active After School Care Sports

Active After School Care Sports is in full swing for its second week running. However, there was a last minute change to the program, Tuesdays sport is soccer and Thursdays sport is cricket. The soccer and cricket program offers a range of skills and drills that are included within each session. We have had great feedback from the children, they love all the activities involved in the entire Active After School Care Sport sessions and are happy to be involved.

Vacation Care

The new and exciting April holidays Vacation Care program is being organised. We are planning many new and wonderful activities for the children to be involved in. We are hoping to have the program finalised and available by 14 March so that families can get their vacation care organised and get bookings in as soon as possible.

Invoices

Invoices have been posted out and sent home via children this week and need to be brought up to date. It is important that your account is not in arrears especially from the 2013 year. It is vital to the operation and continuation of the service provided that the fees are paid and the accounts are up to date. The accounts payment policy (in the enrolment application) states that accounts must be paid within seven days. Future bookings cannot be guaranteed if fees are in arrears. Your attention to this is appreciated.

CONTACT DETAILS:
Sarah (Coordinator OSHC)
cofhp-oshc@lism.catholic.edu.au 0417 666 494
Linda (Administrator OSHC)
lrick@lism.catholic.edu.au 6652 1204

If you missed purchasing your copy of the 2013 Yearbook there are a limited number still available from the office.

Copies of the history of St Augustine’s are also available.

RRP $20
THE CATCH
During Physical Education lessons (PE) all of St Augustine children have been learning the correct technique and skill of the catch, there are a number things the children need to remember when catching an object, the following are the skill components the children are learning:

1. Eyes focused on the object throughout the catch.
2. Feet more to place the body in line with the object.
3. Hands move to meet the object.
4. Catches and controls the object with hands only (well-timed closure).
   Elbows bend to absorb the force of the object.

An activity we can do at home would be ‘Catch relay’. You will need:

1. Tennis ball or 'squishy' ball for younger children.
2. A willing family member or two!
3. A back yard or park.

Decide on a starting and finishing line. Throw ball to partner at comfortable distance in the direction of the finishing line. If caught, the catcher stays still and the thrower then moves in front ready for the next throw. (like Netball.) This continues until one player receives a catch over the finishing line. The aim is to keep count of the number of catches it takes to finish. (A dropped catch means you have to start again.) As your child gains confidence, the number of throws and catches should reduce over the same distance.

There is no limit to the number of players. Even the dog might like to join in. Enjoy!

PHYSICAL ACTIVITY
Physical activity can greatly benefit kids between 5-12 years old.

Physical activity:-

✦ Promotes healthy growth and development
✦ Builds strong muscles and bones
✦ Improves balance, develop skills
✦ Maintains/develops flexibility
✦ Improves cardiovascular fitness
✦ Helps relaxation
✦ Improves posture
✦ Provides opportunities to make friends
✦ Improves self esteem

How much physical activity do children need?

The National Physical Activity Guidelines for Australians recommend at least 60 minutes of moderate to vigorous physical activity each day for children. This can be spread throughout the day. Children do not get enough physical activity at school so encourage your child to be active before and after school.

Some ways to be active with your children:

✦ Walk to school, the playground or childcare
✦ Bike ride at the park or on a bike
✦ Play ball games in the backyard
✦ Dance to music
✦ Encourage sport and organised games
✦ Schedule regular family time for activity

Alex Shaw—Coordinator
Family Retreat 2014

ENABLING US TO DEEPEN OUR LIFE IN CHRIST JESUS
LEADING TO MORE ENRICHED DAILY LIVING

Locations and dates
SDA Convention Centre
250 Grassy Head Road
Stuarts Point
Saturday 22 March (midday) -
Sunday 23 March (afternoon)

PCYC Bornhoffen
3510 Nerang Murwillumbah Road
Natural Bridge
Saturday 29 March (midday) -
Sunday 30 March (afternoon)

Facilitators
Adults: Martin Scroope
Young People: Kate Nestor and Matt de Dassel

More information
For more information please contact your
Parish School Parent Representative or your
Parent Assembly Cluster Organisers:
Jo Kelly: Richmond Region (m) 0407 706 454
Peta Rourke: Hastings/Macleay Region (m) 0400 420 614
Leanne Robbins: Tweed Region (m) 0407 143 975
Paul Edgar: Southern & Northern Clarence (m) 0427 118 122

Please register by 10 March 2014
To register please phone 1300 557 874 or
email: parents@lism.catholic.edu.au

This retreat, accommodation and meals are free to all families with children
enrolled in Parish Schools in the Diocese of Lismore
Do you have questions about your child’s development?

Would you like to know more about:
Services & activities in your community?
Strategies and ideas to support your child?

Then please come along to

Northcott
supporting choice & opportunity

Coffs Coast Family Support Playgroup

Where you can meet other parents/carers while sharing stories & ideas over morning tea. For young children & their families & parents/carers of school aged children.

Facilitated by:
Mel Collins (ASD Intervention Specialist, Aspect)
Nadine Rutledge (Family Support Worker, Northcott)
Bronwyn Monaghan (Community Development Officer, Northcott)

Where: Boambee Memorial Hall
579 Pacific Hwy, Boambee, 2450.

Day: Thursday’s 10am to 12 noon.

Time: 10am-12pm

Cost: Free

Tea, coffee and morning tea provided for adults. Please pack morning tea for your child/ren, (No Nut products please).

RSVP by email or SMS to:
Nadine from Northcott (0408 631 064)
nadine.rutledge@northcott.com.au
Mel from Aspect (0481 013 024)
mcollins@autismspectrum.org.au
SHOP FOR SCHOOLS PROMOTION

Help us Shop for our School & Win a Classroom of iPads*!

Why not begin the New Year by helping our school win a Classroom of iPads or share in some fabulous prizes to kick start our fundraising for the year? From Saturday 18 January 2013, when doing your shopping including groceries, petrol and fashion be sure to shop at Park Beach Plaza for your chance to win big for our school!

Park Beach Plaza, The Coffs Coast Advocate and 2CS are generously offering Coffs Coast School’s the chance to share in a total of $20,000 worth of prizes plus this year are giving your family the chance to win a $500 worth of groceries every week just by shopping at Woolworths!

Mum’s, Dad’s, Granny’s, Grandad’s, family and friends - you simply need to shop at any store at Park Beach Plaza, present your docket to the Customer Service Desk located outside near Noni B and nominate St Augustine’s School.

The value of the dockets will be added to St Augustine’s School point tally, for example if you spend $150 our school will receive 150 points. The school’s with the highest point tally (divided by the number of students enrolled at our school**) will win 1st, 2nd and 3rd place and share in the fantastic prize pool of cash and goodies.

Be sure to look out for shops displaying a “Shop for Coffs Coast School’s Triple Point Poster” if you shop at these stores you will receive bonus triple points for our school’s tally to the value of your shopping docket!

The winning schools will be announced in the Coffs Coast Advocate on Wednesday 26 March, 2014 and if we are lucky enough to win Radio 2CSFM will be broadcast live and host a FREE breakfast from our school as we celebrate winning a Classroom of iPads* on Wednesday 26 March 2014!

♦ A Classroom of iPads can be transferred to $10,000 worth of technology available at JB Hi-Fi. ** Full terms and conditions can be found at www.parkbeachplaza.com.au
Quality Inn City Centre
St Augustine’s P&F Association
2014 Charity Golf Day
30 March 2014

4 Person Medley Ambrose
TEAM NOMINATION

Team name: (please PRINT) .........................................................

Team Contact: .........................  Contact No: .........................

Team members  Club  Official Handicap  Last Official Handicap 5 yrs
1. ........................................  ............  ............  ............
2. ........................................  ............  ............  ............
3. ........................................  ............  ............  ............
4. ........................................  ............  ............  ............

$35.00 per person (includes great lucky door prizes and random draws)

PLEASE PAY AT THE SCHOOL OFFICE OR FORWARD PAYMENT TO THE SCHOOL PRIOR TO THE DAY. THANK YOU

SHOTGUN START: Please circle preferred hit-off time
Morning 7.00am  Afternoon 12.30pm

AFTERNOON PLACES FILL QUICKLY

Official AGU & LGU Handicap limit: MEN 27  WOMEN 36

(Please note that male players without an official AGU handicap must play off 18 maximum and female players without an official LGU handicap must play off a 27 maximum. If players have held an official AGU or LGU handicap over the last 5 years, please indicate this on the form. The committee reserves the right to allocate a handicap in these cases).

I have enclosed $......................... being payment for players as listed above.

Please make cheque payable to: St Augustine’s P & F Association and return to:

2014 Golf Day
St Augustine’s School
PO Box 399
COFFS HARBOUR NSW 2450

St Augustine’s School acknowledges the wonderful support and cooperation received from Quality Inn City Centre, the Coffs Harbour Golf Club, City Golf Centre and their staff. Thank you.