Dear Parents and Carers

Happy Easter! It may seem a little late to wish everyone Happy Easter but in the Church calendar the ancient celebration of the Eastertide goes for another 50 days ending with Pentecost Sunday. The children celebrated the resurrection at a Liturgy last Tuesday and seem refreshed after a short break and lots of Easter eggs.

The playground upgrade is going full steam ahead with work just about to begin on the sandpit area. This may create a bit of short term mess but will result in a high quality play area that can be used for many years to come by hundreds of children. Once the new area is created the long jump pits will be ‘decommissioned’ and used for athletics only. We are still looking for a donation of a couple of small boats (a tinny would be ideal) that will be permanently anchored for the children to play in – somewhere in a back shed somewhere there is an old boat waiting to be rediscovered – can you help?

St Augustine’s Primary School is a busy place and besides the great focus on learning in English, Maths and other subjects we aim to create citizens of the future. A great example of this is the hard work of the ‘Enviro-Warriors’ lunch club who have given up their play time to contribute to helping the world we live in and raising awareness via the Plaza Recycled Sculpture competition. Win, lose or draw, they have done great work, as have their mentors Mrs Tracey Catling and Mrs Leonie Hewitt.

Communication between home and school is vital to the success of the children in our care. Schools are complex social environments and we have high expectations of children’s work and play behaviour but sometimes it isn’t all smooth sailing. I encourage parents and carers to be proactive in letting the teacher know of any issues or potential issues that may be impacting the well being of their child so that together we can ensure that every child not only grows but thrives.

Save the dates!

Dance Fever Showcase - During the term, the children have been learning a wide range of dance styles and will showcase their moves next Wednesday (6 April) - spectators more than welcome (details on page 3).

Anzac Day March - Monday April 25, full school uniform including hat. Meet outside Genesis Fitness in Park Avenue no later than 8:45 am.

Mothers’ Day Celebration - Mass followed by morning tea at school. Friday 6 May. All welcome.

Grace and Peace
Peter Watts

YEAR K 2017 ENROLMENTS

There will be an information night for parents on Wednesday 4 May at 7:00 pm in the hall. If you know of anyone who would like to enrol a child at our school next year please ask them to contact our school.

The enrolment period commences on Monday 9 May and closes on Friday 20 May. Enrolment forms will be available at the office and are to be returned by Friday 20 May with the original Baptism Certificate, and copies of the Birth Certificate and Immunisation Certificate. Original Baptism Certificates will be photocopied and returned.
**PARISH MASS TIMES**

<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffs Harbour</td>
<td>Saturday</td>
<td>6:00 pm</td>
</tr>
<tr>
<td></td>
<td>Sunday</td>
<td>8:00 am, 6:00 pm</td>
</tr>
<tr>
<td>Woolgoolga</td>
<td>Sunday</td>
<td>9:00 am</td>
</tr>
<tr>
<td>Coramba 1st &amp; 3rd Sunday</td>
<td>10:30 am</td>
<td></td>
</tr>
<tr>
<td>Glenreagh 2nd &amp; 4th Sunday</td>
<td>10:30 am</td>
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**CATECHETICAL NEWS**

**Holy Week**

St Augustine’s School completed the “Year of Mercy Pilgrimage” last week to commemorate the last steps of Jesus.

Year 6 and their teachers led us through the Last Supper, Agony in the Garden, Arrest and Trial and Crucifixion on Thursday in various parts of the school and church. Last Tuesday we all visited the church to celebrate Christ’s Resurrection and his wonderful gift of Freedom.

We all thank Year 6 for their fantastic contribution to our Easter experience.

**Rosary Makers**

“Our Lady’s Rosary Makers Guild” will visit Year 3 on 16 May to talk to the students about the Rosary and to lead them in making a set of Rosary beads each.

This is the fifth year that the Rosary Makers have visited. The children love their interaction and we appreciate their time with us.

*Paddy Dent - Leader of Catechesis*

*Sharon de Dassel—Leader of School Evangelisation*

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**P & F NEWS**

**MEETING**

The next P & F Meeting will be held on Tuesday 5 April at 7:00 pm in the LARC. All welcome. We’re looking forward to seeing an increased involvement in the P & F this year. Come along to hear about what’s happening in your child’s school.

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**ANZAC DAY MARCH – 25 April**

Each year our school proudly participates in the Anzac Day march. We encourage all students from Kindergarten to Year 6 to come along again this year. Students should meet school staff outside the Genesis Fitness building in Park Avenue no later than 8:45 am. Full school uniform should be worn including hats. It’s advisable for students to bring a water bottle. Parents are asked to meet their children at the cenotaph at the conclusion of the march.

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**Sacrament of Confirmation 2016**

Our seven week program of preparation will be starting soon. To be ready for confirmation a child must be baptised, be attending Mass with their parent/s every Sunday, and be between the ages of 8 and 15.

Enrolment forms are available for collection in person from the Parish Office during office hours from 7 March until 5pm Tuesday 05/04/2016. Parents/Guardians wishing to enrol a child must bring photo ID of both parents and the child’s Baptism Certificate before an enrolment form will be provided. A cost of $15 per child is payable on collection of forms.

**Important Program Dates:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed</td>
<td>6/04/16</td>
<td>Parent Information &amp; enrolment Meeting (Parents only) – Curran Centre 7:00 pm. Parent/Guardian must attend in person with the completed enrolment form to complete the enrolment process.  <strong>NOTE:</strong> No enrolment forms will be available on the night &amp; no proxies will be accepted.</td>
</tr>
<tr>
<td>Tues</td>
<td>26/04/16</td>
<td>Commitment Rite for candidates—all Sunday Masses.</td>
</tr>
<tr>
<td>Sat/Sun</td>
<td>30-Apr/1 May/16</td>
<td>Program Commences – various locations and times to be advised.</td>
</tr>
<tr>
<td>Wed</td>
<td>15/06/16</td>
<td>Confirmation Rehearsal for all candidates, St Augustine’s Church, 7:00pm</td>
</tr>
<tr>
<td>Tues</td>
<td>21/06/16</td>
<td>Meeting with Bishop for all candidates, Curran Centre, 5:30pm.</td>
</tr>
<tr>
<td>Tues</td>
<td>21/06/16</td>
<td>Sacrament of Confirmation for all candidates, St Augustine’s Church, 7:00pm.</td>
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For further information, please contact Fr Frederick Basco on 66510000 or fbasco@coffscatholic.com
**Canteen Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thur</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td>04.04.2016</td>
<td>G Franklin, L Seccombe</td>
<td>J Armytage, R Morrison, C Williams</td>
<td>K White HELP!! HELP!! HELP!!</td>
<td>M Eden, M Martinez, C Williams</td>
<td>STAFF DEVELOPMENT DAY—NO CHILDREN AT SCHOOL</td>
</tr>
<tr>
<td>02.05.2016</td>
<td>K Apps, T Branster</td>
<td>J Armytage, J Bourne, N Savige, C Williams</td>
<td>P Cruz, M Murphy, M Santana, R Soto</td>
<td>M Chau, N Ferrett HELP!! HELP!!</td>
<td>P Crawford, P Duffy, H Gallatly, W McLean</td>
</tr>
</tbody>
</table>

**Canteen News**

Canteen helpers are always required. Help is needed for three hours from 9:00 am until 12:00 noon once every four weeks. Grandparents are very welcome also. If you are able to help in the Canteen on any day please call us on 66521204.

*Barbra Symons & Alicia Betland—Canteen Managers*

**Year 6 Photos**

Jacqui Carrett is organising photos for the Year 6 Graduation. If you have any photos of the students over their seven years of primary school, please email to Jacqui at jacqui.carrett@chcc.nsw.gov.au

Thank you.

**Coming Events**

**April**

4. Yr 4 Excursion to Sealy Lookout & beach
5. P & F Meeting in the LARC 7:00 pm
6. Clarence Zone Cross Country Dance Fever Showcase (see below)
7. LAST DAY OF TERM ONE FOR STUDENTS Whole School Assembly
8. STAFF DEVELOPMENT DAY—NO CHILDREN AT SCHOOL

26. FIRST DAY OF TERM TWO FOR STUDENTS
29. Casual clothes day for Mothers’ Day stall—gold coin donation please

**May**

2. ICAS Writing & Spelling Comp closing date
4. Yr K 2017 Parent Information evening 7:00 pm in the school hall
6. Mothers’ Mass & Morning tea
9. Yr K 2017 Enrolments open
10. NAPLAN for Years 3 & 5
17. ICAS Digital Technologies competition
20. Yr K 2017 Enrolments close

**December**

2016—Final day of school for students this year will be Friday 16 December.

**Dance Fever Showcase**

Parents and carers are invited to watch the last lesson of Dancefever on Wednesday 6 April which is in the last week of Term. The lessons take place in the hall and parents and carers are welcome to take a seat and watch the students do their Dancefever moves! The timetable is as follows:

- 9:00—9:30 Kindergarten
- 9:35—10:05 Year One
- 10:05—10:50 Year Four
- 11:40—12:20 Year Five
- 12:20—1:00 Year Six
- 1:00—1:40 Year Three
- 2:00—2:30 Year Two

**Chau & Hennessy**

Suite 3, 14 Edgar Street, Coffs Harbour NSW 2450

Telephone: 02 6652 2999 Fax: 02 6652 4694
Email: mail@chpa.com.au Website: www.chpa.com.au
SPORT NEWS

Swimming Carnival
Our Years 3-6 Swimming Carnival was held today. Full results in our next Newsletter.

Clarence Zone Cross Country Trials
Forty-five students will be representing St Augustine’s Primary School at the Clarence Zone Cross Country trials at Sawtell Reserve next week. Good luck to all who are competing!


The Lismore Diocesan Cross Country trials will be held on Friday 27 May at Bowraville, should students qualify.

Polding Representative Trials – Swimming
The Polding Swimming trials were held in Sydney yesterday. Full results will be in the next Newsletter.

The following students competed at this event: Lucy George, Chloe Caldwell, Alexis Felton, Clare Kelly, Lily Betland, Riley Betland, Cooper Marle, Nick Caldwell, Archie Budd, Rory Beech and Lachlan Marle.

The NSWPSSA carnival will be held in Sydney next week.

Diary Dates
Tuesday 5 April – Polding Aussie Rules Football trials
Wednesday 6 April – Clarence Zone Cross Country trials
Wednesday 6 to Thursday 7 April – NSWPSSA Swimming trials
Friday 29 April – Polding Winter Sports trials
Tuesday 3 to Friday 6 May – NSWPSSA Tennis trials

Sport Enquiries
Mrs Erin Bennett (Sports Coordinator) – ebennett@lism.catholic.edu.au or (02) 6652 1204
Ms Kristy M’Dermid (Sports Administrator) – kmcdermid@lism.catholic.edu.au or (02) 6652 1204

Erin Bennett – Sports Coordinator
Kristy M’Dermid – Sports Administrator

Women’s Retreat – REGISTRATIONS OPEN!
Women. Food. God. was an overwhelming success last year and booked out prior to the weekend! Registrations are now open for this year’s retreat so please get in early to avoid disappointment. The retreat will be taking place at the Curran Centre (St Augustine’s, Coffs Harbour) on Friday night 20 May (6-9pm) and Saturday 21 May (9-4pm). It’s a great chance to take some time out of our busy lives and enjoy a weekend of faith enrichment and fellowship, with scrumptious food to boot! To facilitate the retreat we are very pleased to welcome Sr Rosie and Sr Katherine from the Missionaries of God’s Love in Canberra. The cost is only $35 ($20 concession) or $15 per session. Registration forms are available at the back of the Church or from the St Augustine’s Parish office (6651 0000), and must be returned with payment by Friday 13 May.
How much water do children need?

As a general guide, children up to 8 years of age should have a minimum of 4-5 cups of water a day. Children above 8 require at least 5-6 cups of water per day.

How do I get my child to drink water?

Try these tips to help boost water intake in children:

- Add a slice of lemon or lime to give water a different taste
- Ensure your child has always got a water bottle handy
- Use herbs including mint or spices such as ginger to flavour the water
- Freeze fresh fruits and use them as ice cubes in glasses of water

Let’s LOOK at Lunches

Inspiration for fresh, fast & budget friendly lunchboxes
from your local health service

Take the challenge out of packing a healthy lunchbox thanks to a new initiative from Northern NSW Local Health District. They have created a fortnightly e-newsletter that will be delivered straight to your inbox full of lunchbox inspiration, tips, recipes, ideas and competitions. Our school encourages healthy lunchboxes so we recommend you subscribe if you haven’t already. The feedback has been amazing! All you need to do is send us your first name, email address and postcode by:

- Email to lookatlunches@gmail.com, or
- Text to 0429 033 517, or
- click here

You can also follow us on Instagram @lookatlunches. We look forward to sharing ideas!
Dear parent,
Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it’s absolutely FREE.

WHEN DOES GO4FUN RUN?
Go4Fun runs for 10 weeks after school or on weekends during the school term, and children attend a fun filled two-hour session each week with their parent or carer.

WHAT DO WE DO AT GO4FUN?
Every week the children will be involved in fun and interactive games and activities to get their heart rates up and enjoying being active.

Each week you and your child will learn about healthy eating, setting goals, portion sizes, label reading and more. The program also includes a supermarket tour where you get to put everything you’ve learnt into practise.

START UP PACK
Your child will receive a start-up pack including a:
- Go4Fun backpack,
- Go4Fun t-shirt,
- Go4Fun water bottle
Your child will also earn up to three bonus attendance rewards over the ten Go4Fun sessions.

Parents receive a $15 fresh fruit and vegetable voucher for each session you attend, plus a folder full of weekly session information, activities, recipes and more. Plus you will receive a practical Meal Mate cup to help with portion sizes and a Detective Card to help decipher nutrition information on food packaging. Parents receive a report on their child’s progress and health improvements following Go4Fun.